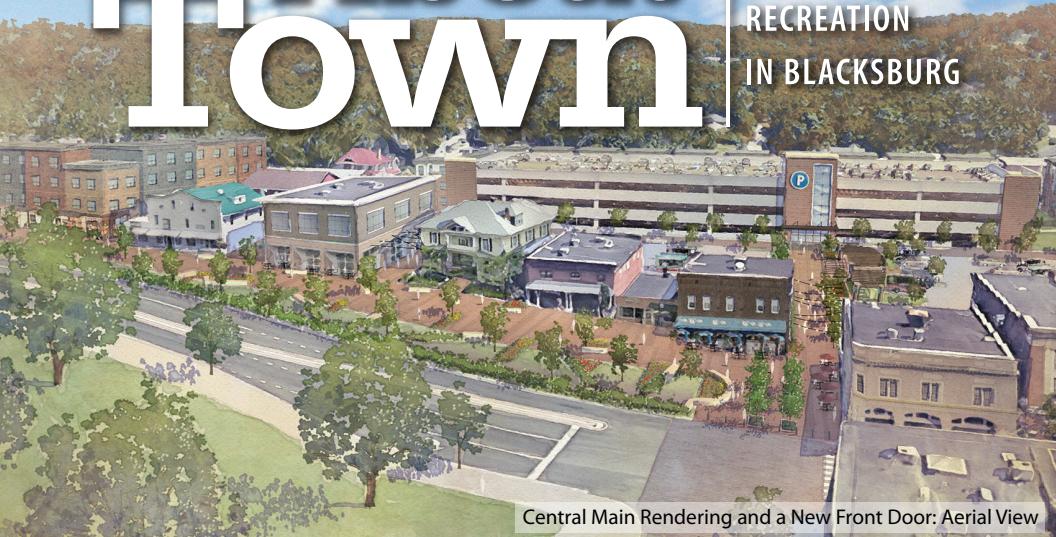


About Town

LIFE AND RECREATION IN BLACKSBURG



Central Main Rendering and a New Front Door: Aerial View

A STRATEGY FOR GROWTH

What will Blacksburg look like in 2040?



Progress Street Transportation Facilities Rendering: View North



DUCK HUNT
Page 19

INSIDE: Recreation Activities – Registration begins Jan 14 at 9am

What's Happening?

JANUARY 3

Classes begin, Virginia Tech

JANUARY 14

Parks and Recreation Program Registration, 9am

JANUARY 20

Martin Luther King, Jr. Holiday, Town Offices Closed

JANUARY 25

Free Family Film Fest "The Boss Baby," 10am, The Lyric Theatre

FEBRUARY 15

Free Family Film Fest "Hugo," 10am, The Lyric Theatre

FEBRUARY 17

Presidents Day, Town Offices Closed

MARCH 7-15

Virginia Tech Spring Break

MARCH 8

Daylight Saving Time Begins

MARCH 21

Free Family Film Fest "The Lego Batman Movie," 10am, The Lyric Theatre

MARCH 18

Summer Camp Fair, 4:15-6:15pm, Blacksburg Community Center

MARCH 19

First Day of Spring

APRIL 4

Virginia Tech Big Event

APRIL 6

Citizens Institute Begins

APRIL 10

Spring Break, Town Offices Closed

APRIL 11

Easter Egg Hunt, 10am, Municipal Park

APRIL 16

Virginia Tech Spring Game

APRIL 25

Arbor Day Celebration and Shred-a-Thon, 9am-noon, 615 Patrick Henry Drive

APRIL 26

International Street Fair, 12-5pm, Alumni Mall, VT Campus
Rotary Club Chocolate Festival, 12-4pm, Downtown Blacksburg

MAY 2

Blacksburg Fork and Cork, 1-6pm, VT Corporate Research Center

To find out what's happening around Blacksburg or to post your own events, visit www.stepintoblacksburg.org. For town meeting dates, deadlines, and collection schedules, visit www.blacksburg.gov/calendar.

Get Ready for Spring Clean Up

Gather your brush, unwanted metal appliances, tires, and other household junk and bring it to the curb for Blacksburg's Spring Clean Up event. For quadrant locations and a list of disposable items, visit www.blacksburg.gov/cleanup

April 6 Northeast Quadrant

April 13 Northwest Quadrant

April 20 Southwest Quadrant

April 27 Southeast Quadrant

IN THIS ISSUE

- 3** A Strategy for Growth
- 4** Hale Community Garden
- 5** Paget Memorial Shelter
- 6** Registration Information
- 7** Community Center
- 8** Shelter and Field Rentals
- 9** Aquatic Center
- 10** Youth Programs
- 13** Outdoor Programs
- 17** Aquatics Programs
- 23** Municipal Golf Course
- 24** Athletic Programs
- 27** Active Adults

Blacksburg
TOWN OF
VIRGINIA



About Town is a publication of the Town of Blacksburg Community Relations Office.

Town Council

towncouncil@blacksburg.gov

Leslie Hager-Smith, Mayor
Susan Anderson, Vice Mayor
John Bush
Lauren Colliver
Jerry Ford, Jr.
Susan Mattingly
Michael Sutphin

Enjoy About Town and don't forget to recycle.

KEEP IN TOUCH



montgomery county virginia
CITIZENSALERT
BLACKSBURG · CHRISTIANSBURG

A Strategy for growth

Downtown Blacksburg prepares for change with input from the community

What will Blacksburg look like in 2040? No one knows for sure, but there's one guarantee: it will be different. To prepare for change, Blacksburg has published a strategic vision that will help it adapt to growth and honor what makes our community special.

After several years of study and tremendous public input, the resulting plan guides the town as it sets priorities, creates policies, and approves projects. More than a thousand residents attended meetings and completed surveys, which provided invaluable guidance. The result builds a vision of Downtown Blacksburg that is welcoming, accessible, diverse, vibrant, walkable and unique.

The vision expands the definition of Blacksburg's downtown, dividing the area into six districts. This expanded downtown extends from the Old Middle School site to the roundabout at Price's Fork, abuts Virginia Tech's campus and includes the Bennett Hill-Progress neighborhood and areas surrounding Wong Park. "Each district, as conceived, will have its own unique character. Overall, the plan allows downtown to expand in a way that makes it more than just a main street. That will be important for traffic flow and walkability," said Mayor Leslie Hager-Smith. The district definitions will help the town determine zoning and development choices.

Some work is already underway. The Old Middle School site is being developed, and a parking garage will be built on the Progress Street municipal parking lot. As Virginia Tech completes its Creativity and Innovation District, the town will focus on improving Draper Road. "Early next year, we'll be completing work to help preserve the 16 Squares. That's part of the downtown strategy, and it is vital to the character of our town. Making room for change cannot be predicated on abandoning our history," Mayor Hager-Smith said. To view the Downtown Strategic Plan visit www.blacksburg.gov/downtownstrategy



Active Alleys Rendering: View from Jackson Street

Planting food while growing community

Blacksburg's community gardens provide space for learning and growing together



Sometimes the best way to get through winter's coldest days is to plan for spring—and for many people that means planning a garden. Community garden plots are available for Blacksburg residents who may not have space to plant.

The Hale Community Garden, located off of North Main Street on Maywood Street, was established in 2009 and features a solar greenhouse, outdoor cookstove, food forest and bee yards. The property was donated to the town by Arlean Hale Lambert last year, and offers more than 70 garden plots. A second community garden at Wong Park will open in Spring 2020 and offer between 12-15 plots. The garden supplies wheelbarrows, shovels, leaves and woodchips, and protects the plots with deer fencing.

Most gardeners grow annual vegetables, but some also have perennial herbs, asparagus, and berries. Many gardeners are international students and professors at Virginia Tech, who grow produce they can't find in local markets, like bitter melons, dent corn, and special gourds that can be eaten when young. Gardeners often share seeds and plants with each other.

The gardens are true communities. They host monthly potlucks during the growing season and offer classes. “We have such a great diversity of people who garden and there is a great richness in what we learn from each other,” Jenny Schwanke, community garden coordinator, said. The gardens partner with the civic agriculture program at Virginia Tech, providing hands-on learning for students and giving garden staff an opportunity to shape classroom curriculum.

The gardens are committed to organic methods and best practices for soil health. Plots are rented out for a year and there is a waiting list for prospective gardeners.

For more information, visit www.blacksburgcommunitygardens.com.



Dr. Joe's Picnic Pavilion—a place to sit and visit

The Blacksburg Municipal Park's newest picnic shelter honors the memory of Dr. Joe Paget

Be kind. Hug friends and family. Tell jokes and laugh. These sayings—and many others—were favorites of Joe Paget, a Blacksburg pediatric dentist who died in November 2018 from Lewy body dementia. Throughout much of his 40-year career, Paget was the only pediatric dentist in the region. He felt it was his responsibility to treat all children, regardless of their ability to pay. He was also generous to the Blacksburg community, volunteered with Habitat for Humanity, and was instrumental in the building of the Hand-in-Hand playground.

After his diagnosis, Paget's friends wanted to find a way to honor his lifetime of service to the community. Together with Blacksburg Parks and Recreation Director Dean Crane, they decided to raise funds to support the construction of a picnic shelter—a place where people can meet, laugh, and share stories—just as Dr. Joe would have wanted.

“This project was truly a collaborative effort,” said Patti Cowley, a friend of Paget's who helped organize the project. “So much can be accomplished in a short period of time when people work together.” Habitat for Humanity helped manage the funds raised by Paget's friends. The Parks and Recreation Department negotiated bids for the contract, and Blacksburg Public Works maintenance crews helped bring the idea to life, grading the land, pouring concrete, and building benches and picnic tables.

The shelter sits just above the Hand-in-Hand playground. It is decorated with brightly-colored plaques about Dr. Joe, his sayings, and his portrait. “Thousands of people use our picnic shelters each year,” Crane said. “Now people will learn about him and be able to enjoy the shelter for generations.”



GENERAL INFORMATION

BLACKSBURG PARKS AND RECREATION



RECREATION FEES

WHAT DOES R/NR MEAN?

R: RESIDENT: Individuals living in the town limits or paying town taxes

NR: NON-RESIDENT: Non-Blacksburg residents

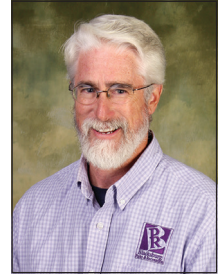
REFUND POLICY **NEW!**

We work hard to create and provide programs for our wonderful citizens. We understand there are times people need to cancel. Please be mindful when signing up for multiple programs as cancellations impact our costs for programs.

Refund requests made less than 7 business days prior to the start of a program, camp, class or rental will incur a \$15.00 service fee per program. Full refunds will be provided if requested prior to 7 business days.

A \$25 service charge will apply to all cash refunds. Refunds under \$25 will be credited to the household account.

Credit card refunds will be processed 2 business days after the original transaction to ensure charges and refunds are processed fully.



Dean Crane
Director, Parks & Recreation

OPEN PARTICIPATION

All programs are available without regard to race, color, sex, age, religion, national origin, political affiliation or disability. Parks and Recreation is committed to providing accommodations, (access), in accordance with Title II of the Americans with Disabilities Act. Please contact us at 540-443-1100 or recreation@blacksburg.gov if accommodations are requested.

INCLEMENT WEATHER POLICY

In the event of cancellations you will receive an email and information will be posted at www.facebook.com/BlacksburgParksandRecreation. You also can call the Blacksburg Community Center at 540-443-1140, Blacksburg Aquatic Center at 540-443-1120, or the main office at 540-443-1100 for updates.

4 EASY WAYS TO REGISTER



ON LINE

www.blacksburg.gov/recreation



PHONE

540-443-1100



FAX

540-951-8313



WALK-IN

REGISTRATION

Winter/Spring registration begins Tuesday, Jan. 14 at 9am.

You can also register in person at any one of these locations:

The Blacksburg Community Center

725 Patrick Henry Dr.

Phone: 540-443-1140

Fax: 540-961-1897

Blacksburg Aquatic Center

625 Patrick Henry Dr.

Phone: 540-443-1120

Fax: 540-951-8313

Parks and Recreation Office

615 Patrick Henry Dr.

Phone: 540-443-1100

Fax: 540-951-8313

GENERAL INFORMATION – COMMUNITY CENTER

THE COMMUNITY CENTER 725 Patrick Henry Dr. | Phone: 540-443-1140 | Fax: 540-961-1897

HOURS OF OPERATION

January-April

Monday-Thursday	6am-10pm
Friday & Saturday	8am-10pm
Sunday	Noon-5pm

May

Monday-Thursday	6am-10pm
Friday	8am-8pm
Saturday	8am-4pm
Sunday	Noon-5pm

Open Gym Times

Lunch Time Volleyball	M, W, F Noon-2pm
Open Adult Badminton	Tu 8am-11am
Open Pickleball	Th 8am-11am

Basketball Open Gym times will vary.
Please contact the Blacksburg Community Center at 443.1140 for information.

Closing Dates

January 1, April 12, May 27

COMMUNITY CENTER ROOM RENTALS

Room setup is available free of charge with at least 48 hours notice. Any rentals outside of the regular hours of the Community Center are subject to an extra \$10/ hr per room. After hour rentals require 1 month notice. Call 540-443-1140 for more information.

Multipurpose Room: \$30/hr, holds 155 banquet; 250 lecture

Community Room: \$25/hr, holds 80 banquet; 100 lecture

Art Room: \$15/hr, holds 15 banquet 25 lecture includes sink and counter

Program Room: \$20/hr, holds 60 banquet; 80 lecture, includes sink and counter

Social Room: \$15/hr, holds 15, includes sofas and big screen TV

COMMUNITY CENTER GYM A AND B

FITNESS CENTER FEES

Adults (18 years and older)
Daily pass: \$5
Five time pass: \$10
Thirty time pass: \$35
Fifty Time pass: \$50

All passes are good for up to one year from date of purchase. The Fitness Center opens when the Community Center opens and closes ½ hour before the Community Center closes.

Facility hours may change due to special events. Please call 540-443-1140 for more information.

KIPPS GYMNASIUM

2801 Prices Fork Rd.
Phone: 540-552-2798

Kipps Gymnasium is only open for programs and gym rentals. Rental fees are \$25/hr. Rentals must be made one week in advance. Call 540-443-1100 or Adam Lloyd at 540-443-1105 for information and reservations.



Josh Sharitz
Assistant Director, Parks & Recreation



SHELTER AND FIELD RENTALS

PICNIC SHELTERS

Picnic shelter reservations may be made at the recreation office, 615 Patrick Henry Dr., Monday - Friday, 8am-5pm or by phone at 540-443-1100.

Shelter reservation times are 10am-3pm, 4pm - dark, or for the entire day. Fees are \$30 for half day period or \$50/all day. The fee is non-refundable unless inclement weather prevents use on the day of reservation.

Municipal Park Shelter Rentals:

Shelter 1: Seats 160 people. Located on Turner Street.

Shelter 2: Seats 48 people. Located on Turner Street, park side.

Shelter 3: Seats 48 people. Located on Patrick Henry Drive.

Shelter 4: Seats 48 people. Located on Patrick Henry Drive.

Shelter 5: Gazebo. Seats 16 people. Located Patrick Henry Drive.

Shelter 6: Small Gazebo, seats 8 people. Located on Patrick Henry Drive.

Shelter 7: Tennis Court Shelter, seats 32 people. Located on Patrick Henry Drive.

Shelter 8: Skate Park Shelter, seats 20 people. Located on Patrick Henry Drive.

NEW! **Shelter 9:** Seats 100 People. Located on Patrick Henry Drive.

Nellie's Cave Park: Seats 100 people. Located at the end of Grissom Lane.

Toms Creek Park: Seats 32 people. Located on Toms Creek Road, west of Route 460. 1/4 mile on right.

Heritage Community Park: Shelter on Glade Road seats 64, shelter on Meadowbrook Drive seats 64.

Wong Park: Seats 32 people. Located at 303 Wilson Ave.

Seating limits are approximations

**FULL PAYMENT IS REQUIRED AT
TIME RENTAL IS SCHEDULED.**



Field Rentals

Fields may be reserved for softball, baseball, or soccer for a fee of \$10/hr. Tournament fees are \$85/field, per day + \$35/hr for lights + \$100 (refundable) damage deposit.

Horseshoe Pits at Municipal and Nellie's Cave Park

Horseshoes can be rented at the Blacksburg Community Center for \$5/set.



HOURS AND FEES | AQUATIC CENTER 625 Patrick Henry Dr. | Phone: 540-443-1120 / Fax: 540-951-8313



General Information

Monday-Thursday	5:30am-9:30pm
Friday	5:30am-7:15pm
Saturday	9am-6:30pm
Sunday	1-6:30pm

The pool closes fifteen minutes before the building.
The Aquatic Center will be closed April 12 and May 25, 2020.
For information on weekly schedules, facility policies, and rules please call (540-443-1120) or check the website at www.blacksburg.gov/recreation.

Daycares, Schools and Other Groups

Groups planning to bring 10 or more swimmers during recreational swim hours are asked to schedule with the Aquatic Center at least one week in advance whenever possible.
Groups with children under the age of 10 are to have one adult supervising in the water, per eight children.

Child Supervision

Children five and younger must be supervised by a paying, swimming, adult in the pool and locker rooms, and must be within reach at all times. A supervising adult must be in the facility for children ages 6-13. Children over the age of three may not use the opposite gender locker room. The Family Changing Room is available for parents with children over the age of three.

Pool Rentals

All pool facility rentals are for 2 hours and must be reserved at least one week in advance to ensure adequate staffing. Payment is required at time rental is scheduled.

Lobby Rental

Lobby rentals are available Mondays through Sundays 1:15-3:15pm, Saturdays or Sundays, 3:45-5:45pm. Includes use of the BAC lobby and pool admission for up to 15 people. **Please note the facility will remain open to the public during lobby rentals.**

Lobby Rental Package: \$75
(pool admission for up to 15 people)
Additional price per person is \$3

Private Rental*

Private rentals are available 7:15-9:15pm on Friday and 6:45-8:45pm on Saturday evenings. Includes exclusive use of the BAC lobby and pool admission for up to 25 people.

- Private Rental: \$135 (pool admission for up to 25 people)

For parties larger than 25 people there will be an additional charge of \$35. Up to 75 swimmers is an additional \$50.

*Add a Float Package to any private rental for \$40. Includes use of aquatic center inflatable toys and animals. Float toys may vary according to availability.

Admission and Pass Information

Daily Admission:

Adults (15-64):	\$4.25
Seniors (65 and up):	\$3.75
Youth (3-14):	\$3.75

After 7pm rates decrease by \$.50

Children under the age of three are free with a paying, swimming adult.

10 Swim Passes*:

Adults (15-64):	\$32
Seniors (65 and up):	\$27
Youth (3-14):	\$27

30 Swim Passes*:

Adults (15-64):	\$90
Seniors (65 & up):	\$75
Youth (3-14):	\$75

Yearly Passes*:

Primary Account Member	
Adults (15-64):	\$250
Seniors (65 and up):	\$225
Youth (3-14):	\$225

Additional Account Member

Adult (20-64):	\$175
Senior (65 and up):	\$110
Young Adult (15-19):	\$110
Youth (3-14):	\$95

*All Swim Passes expire one year from purchase date and include use of the lap pool, spa, saunas, and water aerobics during appropriate hours.



YOUTH PROGRAMS



RANDY HALL

Community Programs Supervisor

540-443-1106 • rhall@blacksburg.gov

MOMMY & ME / DADDY & ME

These playgroups include warm-up exercises, small and large motor skills, developmental movements, ladders, slides, tunnels, parachute, streamers, hula hoops, and Lummi sticks. **Parent participation is required.**

Activity#	Dates	Ages	Time	Fee (R/NR)
201001 – W1	M Feb 3-Mar 9	1-1.8	9:30-10:30am	\$42/\$52
201001 – S1	M Mar 30-May 4	1-1.8	9:30-10:30am	\$42/\$52

Location	Blacksburg Community Center
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FAMILY ENERGY OUTLET

A great class for spending time with siblings! This class was designed specifically for those parents who have multiple children. This playgroup will center on exercise and movement. **Parent participation required.**

Activity #	Dates	Ages	Time	Fee (R/NR)
201003 – W1	M Feb 3-Mar 9	0-6	6:00-7:00pm	\$30/\$40 per child
201003 – W2	Tu Feb 4-Mar 10	0-6	9:30-10:30am	\$30/\$40 per child
201003 – W3	W Feb 5-Mar 11	0-6	10:45-11:45am	\$30/\$40 per child
201003 – S1	M Mar 30-May 4	0-6	6:00-7:00pm	\$30/\$40 per child
201003 – S2	Tu Mar 31-May 5	0-6	9:30-10:30am	\$30/\$40 per child
201003 – S3	W Apr 1-May 6	0-6	10:45-11:45am	\$30/\$40 per child

Location	Blacksburg Community Center
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ROMP & STOMP

Let's make some noise! These playgroups include free play, warm-up exercises, and basic concepts such as up and down, in and out, as well as basic shapes and directions. **Parent participation required.**

Activity #	Dates	Age	Time	Fee (R/NR)
201000 – W1	M Feb 3-Mar 9	18-24 mos	10:45-11:45am	\$42/\$52
201000 – S1	M Mar 30-May 4	18-24 mos	10:45-11:45am	\$42/\$52

Location	Blacksburg Community Center
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YOUTH MOVEMENT AND AGILITY THRU TENNIS

Youth tennis classes are designed to introduce players ages 4-7 to the sport of tennis in a fun and games format with courts, nets and equipment scaled to fit the age of the players. 8 sessions.

Activity #	Dates	Age	Time	Fee (R/NR)
205310 YT	Sa Feb 8-Apr 4	4-5	10:30-11:30am	\$50/\$60
205310 YM		6-7	11:30am-12:30pm	

Location	Blacksburg Rec Center
Registration	Tu Jan 14



ENERGY OUTLET

Kids love Energy Outlet! These playgroups provide body awareness, math development, balance, eye-hand, eye-foot coordination, creative expression, self-confidence, and social interaction. **Parent participation required.**

Activity #	Dates	Age	Time	Fee (R/NR)
201000 – W1	Tu Feb 4-Mar 10	2	10:45-11:45am	\$42/\$52
201000 – S1	Tu Mar 31-May 5	2	10:45-11:45am	\$42/\$52
Location		Blacksburg Community Center		

KANGAROO KIDS

These classes are centered around a movement program which incorporate body awareness, balance, eye-hand and eye-foot coordination, creative expression, self-confidence, and social interaction.

Activity #	Dates	Ages	Time	Fee (R/NR)
201008-W1	W Feb 5–Mar 11	3-4	9:30-10:30am	\$42/\$52
201008-S1	W Apr 1-May 6	3-4	9:30-10:30am	\$42/\$52
Location		Blacksburg Community Center		



APRIL 11

Easter Egg Hunt!

Municipal Park, Turner Street

Toddler to 3 years of age at 10:00am
4-8 years of age at 10:30am

Bring your Easter basket to collect colorful eggs with prizes and goodies. The Easter Bunny will be here, so bring a camera or your cell phone to grab a photo.

CO-SPONSORED BY BLACKSBURG PARKS AND RECREATION DEPARTMENT, VA. TECH CHAPTER OF CIRCLE K AND CHI DELTA ALPHA OF VIRGINIA TECH

FOR MORE INFORMATION CALL 540-443-1106 OR EMAIL RHALL@BLACKSBURG.GOV

YOUTH PROGRAMS

SENSORY ART

Children will create, play, investigate, and explore the wonders of art through touch, sight, smell, and sound. **Parent participation required.**

Activity #	Dates	Age	Time	Fee (R/NR)
201100 – W1	Tu Feb 4-Mar 10	2	9:30-10:30am	\$40/\$50
201100 – W2	Th Feb 6-Mar 12	2	9:30-10:30am	\$40/\$50
201100 – S1	Tu Mar 31-May 5	2	9:30-10:30am	\$40/\$50
201100 – S2	Th April 2-May 7	2	9:30-10:30am	\$40/\$50

Location	Parks and Recreation Administrative Office
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INTERACTIVE ART

Children will discover art through various forms of drama, music, and play from each project they create. **Parent participation required.**

Activity #	Dates	Ages	Time	Fee (R/NR)
201101 – W1	Tu Feb 4-Mar 10	3-4	10:45-11:45am	\$40/\$50
201101 – W2	Th Feb 6-Mar 12	3-4	10:45-11:45am	\$40/\$50
201101 – S1	Tu Mar 31-May 5	3-4	10:45-11:45am	\$40/\$50
201101 – S2	Th April 2-May 7	3-4	10:45-11:45am	\$40/\$50

Location	Parks and Recreation Administrative Office
----------	--

PRESCHOOL AND HOMESCHOOLERS FIELD TRIPS **NEW!**

Make a field trip date with Blacksburg Parks and Recreation for a fun filled time of exercise and movement while exploring our tunnels, slides and inflatables.

Call Randy Hall at 540-443-1106 for more information or to reserve a play date.

FREE SUMMER CAMP FAIR 2020

The Blacksburg Parks and Recreation Department invites parents and friends to the Annual Summer Camp Fair. Families will be introduced to area summer camps and assisted by camp professionals in planning summer activities. Potential camp staffers are also invited to attend and meet with the camping directors regarding employment.

Wednesday, March 18, 4:15 –6:15 pm, Blacksburg Community Center, 725 Patrick Henry Drive.

Area camps are invited to participate. Tables are \$20 for a standard eight foot table.

Registration deadline is Monday March 9, Activity # 212300-S1.

For more information, call (540) 443-1141 or email jsharitz@blacksburg.gov.



TRAVIS COAD

Outdoor Supervisor

540-443-1104 • tcoad@blacksburg.gov



BOATING

KAYAK SKILLS COURSE: INTRO TO WHITE WATER KAYAKING

Learn the fundamentals of the roll, bracing, and edge control from experienced staff in an indoor pool. Necessary equipment is provided. Personal equipment is welcome.

Activity #	Dates	Ages	Time	Fee (R/NR)
430501-01	Su Jan 12	11 & up	10am-noon	\$20/\$30
430501-02	Su Feb 9	11 & up	10am-noon	\$20/\$30
430501-03	Su Mar 15	11 & up	10am-noon	\$20/\$30
430501-04	Su Apr 19	11 & up	10am-noon	\$20/\$30

Location	Blacksburg Aquatic Center
Registration Deadline	Wednesday before the course by 5pm

CLIMBING & CAVING

ROCK CLIMBING

Introductory rock climbing in West Virginia designed for the novice and intermediate climber. Set your own pace and go as far as you want. Trained guides will provide you with the proper gear, instruction, and transportation.

Activity #	Dates	Ages	Time	Fee (R/NR)
230001-03	Sa Mar 14	11 & up	9am-5pm	\$25/\$35
230001-04	Sa Apr 4	11 & up	9am-5pm	\$25/\$35

Location	Blacksburg Community Center
Registration Deadline	Wednesday before the trip by 5pm

INDOOR ROCK CLIMBING

Don't let the weather stop you from having an adventure. Come climbing with us indoors at River Rock Climbing Gym in Roanoke. Price includes transportation, access, equipment, and instruction.

Activity #	Dates	Ages	Time	Fee (R/NR)
230001-01	Sa Jan 25	11 & up	10am-3pm	\$35/\$45
230001-02	Sa Feb 22	11 & up	10am-3pm	\$35/\$45

Location	Blacksburg Community Center
Registration Deadline	Sec 01 - Jan 17 by Noon, Sec 02 - Feb 14 by noon

WONDERS OF THE UNDERWORLD: BEGINNER CAVING

Push, pull, crawl, and squirm through breathtaking passages. Experience total darkness and view unique cave formations. No experience is needed. All caving is in accordance to the Caving Protocols in Response to White-Nose Syndrome in Virginia.

Activity #	Dates	Ages	Time	Fee (R/NR)
230002-01	Sa Jan 11	11 & up	9am-5pm	\$25/\$35
230002-03	Sa Mar 7	11 & up	9am-5pm	\$25/\$35

Location	Blacksburg Community Center
Registration Deadline	Wednesday before the trip by 5pm

OUTDOOR PROGRAMS

CLIMBING & CAVING

WONDERS OF THE UNDERWORLD: INTERMEDIATE CAVING

Take your caving experience to the next level. View an underground waterfall or unique cave formations as you climb your way through a mountain. Participation in our Intro to Caving is highly recommended.

Activity #	Dates	Ages	Time	Fee (R/NR)
230001-02	Sa Feb 8	11 & up	9am-5pm	\$25/\$35
230001-04	Sa Mar 28	11 & up	9am-5pm	\$25/\$35

Location	Blacksburg Community Center
Registration Deadline	Wednesday before the trip by 5pm

SKIING

THURSDAY NIGHTS SKIING/BOARDING IN WV

Enjoy a night of Skiing at Winterplace Ski Resort in Wild and Wonderful West VA. The trips include transportation, lift ticket, ski rental, and 90 minute lesson. Personal equipment is welcome.

Activity #	Dates	Ages	Time	Fee (R/NR)
230602-01	Th Jan 9	11 & up	4pm-midnight	\$45/\$55
230602-02	Th Jan 16	11 & up	4pm-midnight	\$45/\$55
230602-03	Th Jan 23	11 & up	4pm-midnight	\$45/\$55
230602-04	Th Jan 30	11 & up	4pm-midnight	\$45/\$55
230602-05	Th Feb 6	11 & up	4pm-midnight	\$45/\$55
230602-06	Th Feb 13	11 & up	4pm-midnight	\$45/\$55
230602-07	Th Feb 20	11 & up	4pm-midnight	\$45/\$55
230602-08	Th Feb 27	11 & up	4pm-midnight	\$45/\$55

Location	Blacksburg Community Center
Registration Deadline	1 week before the trip by 5pm

WORKSHOPS

BICYCLE MAINTENANCE 101

Join Blacksburg Parks and Recreation and Bike Barn of Blacksburg to learn what to bring with you on your ride, routine maintenance, and how to patch a flat in a group-oriented hands-on class.

Activity #	Dates	Ages	Time	Fee (R/NR)
210305-B1	W Jan 8	8 & up	7-9pm	\$10/\$15
210305-B3	W Feb 5	8 & up	7-9pm	\$10/\$15
210305-B5	W Mar 4	8 & up	7-9pm	\$10/\$15
210305-B7	W Apr 1	8 & up	7-9pm	\$10/\$15

Location	Blacksburg Community Center
Registration Deadline	Day of the program by 5pm

BICYCLE MAINTENANCE 102

Join Blacksburg Parks and Recreation and Bike Barn of Blacksburg to learn how to adjust a bicycle's shifting system, braking system, and what signs to look for when it's time to do those adjustments.

Activity #	Dates	Ages	Time	Fee (R/NR)
210305-B2	W Jan 22	8 & up	7-9pm	\$10/\$15
210305-B4	W Feb 19	8 & up	7-9pm	\$10/\$15
210305-B6	W Mar 18	8 & up	7-9pm	\$10/\$15
210305-B8	W Apr 15	8 & up	7-9pm	\$10/\$15

Location	Blacksburg Community Center
Registration Deadline	Day of the program by 5pm

ARRANGE FOR A PRIVATE TRIP OR LESSON

Give us a call and let us set up a private trip/program out on the river, rocks, woods, or in the classroom. You can also

RIDES & HIKES

HORSEBACK TRAIL RIDE

Enjoy horseback riding through the mountains and countryside. This guided horseback ride is a two-hour trail ride through water crossings, wooded trails, and open pasture. Led by professional staff from Reba Farm Inn and Saddle Soar Equestrianment.

Activity #	Date	Ages	Time	Fee (R/NR)
230401-02	Sa Apr 18	11 & up	9am-3pm	\$50/\$60

Location	Blacksburg Community Center
Registration Deadline	Wednesday before the trip by 5pm

BIKE THE VA CREEPER TRAIL

Discover the beauty of the VA Creeper Rail Trail via bicycle. The trail's gentle downhill makes it great for cyclists of all ages to bike. Personal bikes are welcome; please contact the Outdoor Supervisor prior to trip to make arrangements.

Activity #	Date	Ages	Time	Fee (R/NR)
230008-01	Sa Mar 21	11 & up	9am-5pm	W/bike rental \$40/\$50 W/O bike rental \$25/\$35

Location	Blacksburg Community Center
Registration Deadline	Wednesday before the trip by 5pm
	Trip will include bike rental, guide, and transportation. Personal bikes are welcome; please contact the Outdoor Supervisor prior to trip to make arrangements.

HIKE THE BUFFALO

Buffalo Mountain is one of the most significant natural areas in Virginia, supporting an amazing 13 rare plant occurrences, 3 rare animals and 6 significant natural communities. An easy to moderate 2 mile hike with spectacular 360 degree views. Bring your camera for this one.

Activity #	Date	Ages	Time	Fee (R/NR)
230201-03	Sa Mar 7	11 & up	9am-5pm	\$10/\$20

Location	Blacksburg Community Center
Registration Deadline	Wednesday before the trip by 5pm



HOLIDAY PINES FOR PARKS

Help beautify our parks by donating your used, live, root balled holiday trees to Blacksburg Parks & Recreation Department. Call to arrange a pick up. 540-443-1100



Seek Education, Explore, DiScover®

SEEDS — Blacksburg Nature Center
Located at the historic Price House

Tue: 9:00 am – 12:00 pm

Thu: 2:00 pm – 5:00 pm

Fri: 9:00 am – 1:00 pm

Sat: 9:00 am – 1:00 pm

Also open by appt. at other times for special tours and class field trips.
107 Wharton St. SE • www.seedskids.org • discover@seedskids.org
P.O. Box 824, Blacksburg, VA 24063 • SEEDS is a 501(c)(3) charitable organization

SEEDS is a nature-based community organization, in partnership with the Town of Blacksburg and Virginia Tech Department of Biological Sciences. The nature center located at Blacksburg's historic Price House, 107 Wharton St., SE is open to the public and offers educational enrichment programs, exhibits, and more.

AQUATICS PROGRAMS



LYNNE KRULICH

Aquatic Supervisor

540-443-1120 • lkraulich@blacksburg.gov

WATER EXERCISE PROGRAMS

***No Learn-To-Swim Lessons March 7-15**

AQUATIC THERAPY FOR REHABILITATION AND EXERCISE

Monday - Friday 9-11am

Individuals can perform therapy under the direction of their own physician or physical therapist. In addition to a pass or daily admission fee, a letter from a physician or physical therapist is required for admission and must be renewed yearly.

WATER AEROBICS

Aqua Fit!

M-F 9-10am

M, W 7-8pm

Conducted in deep and shallow water, AquaFit! is designed to give a total body workout with little or no impact. Class includes cardio, toning, and stretching. Participants should be comfortable in deep water. Flotation belts available.

B.Y.O.B. - BRING YOUR OWN BABY (AND YOU!) - FREE!

This fun class uses the baby as "resistance equipment" for the parent. The parent receives a great water workout while songs and games entertain the child. Ages 6-months to 5 years. This 30-minute class meets on Wednesdays at 10am. March 18th through May 13th, 2020.

AMERICAN RED CROSS LEARN-TO-SWIM PROGRAM

***Classes will not meet Mar 7-15.**

Parent and Child levels



WATER BABIES & BUGS (6-36 months)

Parent participation required. Class provides experiences and activities for parents and children including enter/exit the water safely, getting comfortable in the water, exploring buoyancy and changing body positions in the water.

Activity #	Dates	Time	Fee (R/NR)	Register by
239000-01	Tu, Th Jan 21-30	5-5:30pm	\$42/\$52	Jan 20
239000-02	Tu, Th Feb 25-Mar 5	5-5:30pm	\$42/\$52	Feb 24
239000-03	Tu, Th Apr 7-16	5-5:30pm	\$42/\$52	Apr 6
239000-04	Sa Jan 25-Feb 15	9-9:30am	\$42/\$52	Jan 24
239000-05	Sa Mar 21-Apr 11	9-9:30am	\$42/\$52	Mar 20

AMERICAN RED CROSS LEARN-TO-SWIM PROGRAM

Preschool Levels

GUPPIES PLUS (3-5 years)

Parent participation required. Objective is to help participants feel comfortable and safely enjoy the water. Includes front/back floating, blowing bubbles, and paddle strokes on front and back with support. Parent must be in water and assist child with drills and activities. Includes practice pass for parent and participant (2 x per week).

Activity #	Dates	Time	Fee (R/NR)	Register by
239005-01	Sa Jan 25-Feb 15	9:35-10:05am	\$42/\$52	Jan 24
239005-02	Sa Mar 21-Apr 11	9:35-10:05am	\$42/\$52	Mar 20

MINNOWS (3-5 years)

Must be completely independent of parent. Must be completely independent of parent. Development of skills while building confidence and independence. Skills include front/back floating, kicking, underwater exploration, combined stroke with support.

Activity #	Dates	Time	Fee (R/NR)	Register by
239008-01	M, W Jan 20-Feb 12	5:35-6:05pm	\$52/\$62	Jan 17
239008-02	Tu, Th Jan 21-Feb 13	5:35-6:05pm	\$52/\$62	Jan 20
239008-03	M, W Feb 24-Mar 25	5:35-6:05pm	\$52/\$62	Feb 21
239008-04	Tu, Th Feb 25-Mar 26	5:35-6:05pm	\$52/\$62	Feb 24
239008-05	M, W Apr 6-29	5:35-6:05pm	\$52/\$62	Apr 3
239008-06	Tu, Th Apr 7-30	5:35-6:05pm	\$52/\$62	Apr 6
239008-07	Sa Jan 25-Feb 15	10:10-10:40am	\$42/\$52	Jan 24
239008-08	Sa Mar 21-Apr 11	10:10-10:40am	\$42/\$52	Mar 20



AQUATICS PROGRAMS

AMERICAN RED CROSS LEARN-TO-SWIM PROGRAM

Learn-to-Swim Levels

LEVEL 1 - STARFISH (6+ years)

Beginner swimmers. Participants learn to be comfortable in water and to enjoy the water safely. Basic skills set foundations for skills in later levels, including: floating, front/back glides, rolling over, and combined strokes with breathing, kicking on back and front unsupported.

Activity #	Dates	Time	Fee (R/NR)	Register by
239010-01	M, W Jan 20-Feb 12	5:35-6:05pm	\$52/\$62	Jan 17
239010-02	Tu, Th Feb 25-Mar 26	5:35-6:05pm	\$52/\$62	Feb 24
239010-03	M, W Apr 6-29	5:35-6:05pm	\$52/\$62	Apr 3
239010-04	Sa Jan 25-Feb 15	9:35-10:05am	\$42/\$52	Jan 24
239010-05	Sa Mar 21-Apr 11	9:35-10:05am	\$42/\$52	Mar 20

LEVEL 2 – SEA TURTLES (6+ years)

Prerequisite: Level 1 or must be able to demonstrate requirements for level 1. Participants learn to float without support, front and back glides, and combined stroke on front and back with rhythmic breathing.

Activity #	Dates	Time	Fee (R/NR)	Register by
239020-01	Tu, Th Jan 21-Feb 13	6:10-6:55pm	\$52/\$62	Jan 20
239020-02	M, W Feb 24-Mar 25	6:10-6:55pm	\$52/\$62	Feb 21
239020-03	Tu, Th Apr 7-30	6:10-6:55pm	\$52/\$62	Apr 6
239020-04	Sa Jan 25-Feb 15	11-11:45am	\$42/\$52	Jan 24
239020-05	Sa Mar 21-Apr 11	11-11:45am	\$42/\$52	Mar 20

LEVEL 3 – STING RAYS (6+ years)

Prerequisite: Level 2 or must be able to demonstrate requirements for level 2. Skills taught include front crawl, back crawl, butterfly kick, and open turns, diving from the side and treading water.

Activity #	Dates	Time	Fee (R/NR)	Deadline to Register
239030-01	Tu, Th Jan 21-Feb 13	6:10-6:55pm	\$52/\$62	Jan 20
239030-02	M, W Feb 24-Mar 25	6:10-6:55pm	\$52/\$62	Feb 21
239030-03	Tu, Th Apr 7-30	6:10-6:55pm	\$52/\$62	Apr 6
239030-04	Sa Jan 25-Feb 15	11-11:45am	\$42/\$52	Jan 24
239030-05	Sa Mar 21-Apr 11	11-11:45am	\$42/\$52	Mar 20

LEVEL 4 – SWORDFISH (6+ years)

Prerequisite: Level 3 or able to demonstrate requirements for level 3. Introduces the elementary backstroke, breaststroke and elements of the sidestroke. Skills taught include breaststroke, treading water, elementary backstroke, diving skills, butterfly, and open turns.

Activity #	Dates	Time	Fee (R/NR)	Deadline to Register
239040-01	M, W Jan 20-Feb 12	6:10-6:55pm	\$52/\$62	Jan 17
239040-02	Tu, Th Feb 25-Mar 26	6:10-6:55pm	\$52/\$62	Feb 24
239040-03	M, W Apr 6-29	6:10-6:55pm	\$52/\$62	Apr 3
239040-04	Sa Jan 25-Feb 15	10:10-10:55am	\$42/\$52	Jan 24
239040-05	Sa Mar 21-Apr 11	10:10-10:55am	\$42/\$52	Mar 20

AMERICAN RED CROSS LEARN TO SWIM PROGRAM

Learn-to-Swim Levels

SWIM PROGRAMS

CONDITIONING AND TRAINING TEAM (CATT) (5-18 years)

Supervised practices in a fun and supportive environment. Workouts will focus on improving endurance and techniques for all strokes. Meets Monday and Thursday evenings 6:00-7:00pm. **Prerequisite: Open to anyone 6 years to 18 years old. Must be able to swim 50 yards without stopping or holding onto pool deck / lane lines. Must also be able to tread water for 60 seconds.**

Activity #	Dates	Time	Fee (R/NR)	Register By
139099-05	M, Th Jan 13-30	6-7pm	\$30 / \$40	Jan 13
239099-01	M, Th Feb 3-27	6-7pm	\$35 / \$45	Feb 3
239099-02	M, Th March 2-30	6-7pm	\$35 / \$45	Mar 2
239099-03	M, Th April 2-30	6-7pm	\$35 / \$45	Apr 2
239099-04	M, Th May 4-14	6-7pm	\$20 / \$30	May 4

SNORKELING 101

Learn the basics of snorkeling in a safe, comfortable environment. Snorkeling allows you to experience the fun and beauty of water. You will learn the following skills: Mask Basics (breathing, clearing, adjusting, defogging), Swimming with Fins, Safety Techniques, Entering the water safely while wearing mask and fins, Surface diving, Avoiding and recovering from dangerous situations.

Activity #	Date	Time	Fee (R/NR)	Register by
239085-01	F Feb 28	6-9pm	\$30/\$40	Feb 26
239085-02	F Apr 17	6-9pm	\$30/\$40	Apr 15
239085-03	F May 8	6-9pm	\$30/\$40	May 6

GENTLE POOL YOGA

Relax in the water while improving your flexibility and range of motion. This class is FREE and is for ALL LEVELS. It is offered as a Community Class by In-Balance YOGA. Gentle Pool Yoga will meet at the BAC at 1:30pm on the following Mondays: Jan 13 & 27, Feb 10 & 24, Mar 9 & 23, Apr 6 & 20, May 4 & 18.

DUCK HUNT NEW!

Use April as your opportunity to explore the parks and facilities that make up Blacksburg Parks & Recreation. This activity involves rubber ducks, parks, trails, and facilities at various locations around town.

Activity #	Date	Fee	Register By
239086-01	April 1 – April 30, 2020	\$10 per individual & family	Apr 20

SWIM LESSONS

PRIVATE SWIM LESSONS

Private swim lessons are available for all ages and abilities. Instructors will develop a program which meets the goals, needs and schedules of students. Lessons are 30 minutes each and one hour lessons are available.

Five 30 minute lessons \$85
Ten 30 minute lessons \$160

SEMI-PRIVATE SWIM LESSONS

Semi-private swim lessons are for two to three participants. Clients must form groups of similar ages and/or ability levels. Days and times are arranged per participant's schedule. Lessons are 30 minutes each.

Five 30 minute lessons \$45 per person
Ten 30 minute lessons \$88 per person

AQUATICS PROGRAMS

RED CROSS PROGRAMS

LIFEGUARD TRAINING (15 years & up)

Lifeguard candidates will learn the skills and knowledge needed to prevent and respond to aquatic emergencies. Course content and activities prepare candidates to recognize and respond quickly and effectively to emergencies.

Candidates must pass the following prerequisites:

Swim 300 yards continuously using front crawl and breaststroke.

Swim 20 yards using front crawl or breaststroke, surface dive 7-10 feet, retrieve a 10 lbs object, return to the surface and swim 20 yards back to starting point with object and exit water without using a ladder or steps within one minute, 40 seconds. Tread water for 2 minutes without using hands.

Students must attend all class sessions, demonstrate competency in all required skills and activities, demonstrate competency in the three final skill scenarios and correctly answer 80% of the questions in the three sections of the final written exam.

Activity #	Dates	Time	Fee (R/NR)	Register by
239200-01	M-F Feb 17-21	4-9pm	\$215/\$225	Feb 14
239200-02	M-F Mar 23-27	4-9pm	\$215/\$225	Mar 20
239200-03	M-F Apr 20-24	4-9pm	\$215/\$225	Apr 17
239200-04	M-F May 18-22	4-9pm	\$215/\$225	May 15



LIFEGUARD RECERTIFICATION CLASS (17 Years & up)

This class will cover all of the skills required to renew ARC Lifeguard Training. CPR/FPR, AED, and First Aid certifications are included. Participants must have a current American Red Cross Lifeguarding certification or be expired less than one year prior to the start of the class.

Activity #	Dates	Time	Fee (R/NR)	Register by
239201-01	M, Tu Feb 24 & 25	5-9pm	\$80/\$90	Feb 21
239201-02	M, Tu Mar 30 & 31	5-9pm	\$80/\$90	Mar 27
239201-03	M, Tu Apr 27 & 28	5-9pm	\$80/\$90	Apr 24
239201-04	M, Tu May 11 & 12	5-9pm	\$80/\$90	May 8

WATER SAFETY INSTRUCTOR (15 Years & up)

This course trains candidates to teach water safety programs, including the Basic Water Rescue course, the six levels of the Learn-to-Swim program, and Parent and Child Aquatics.

Participants must meet the following prerequisites:

- Be 16 years old by the last day of class
- Float in deep water
- Tread water for one minute
- Perform 25 yards each of the following strokes at a Level 4 or better: front crawl, back crawl, breaststroke, sidestroke, elementary backstroke. Perform 15 yards of butterfly at Level 4 or better.

Activity #	Dates	Time	Fee (R/NR)	Register by
239510-S1	F Jan 24	4-9pm	\$225/\$235	Th Jan 23
	Sa Jan 25	8am-4pm		
	Su Jan 26	8am-2pm		
	F Feb 7	4-9pm		
	Sa Feb 8	8am-4pm		

RED CROSS PROGRAMS

COMMUNITY ADULT, CHILD, & INFANT CPR/AED

Learn to respond in an emergency situation with skills that can save a life. Skills include caring for conscious and unconscious choking victims, CPR and use of automated external defibrillator (AED) for sudden cardiac arrest.

Activity #	Dates	Time	Fee (R/NR)	Register by
239225-01	Th Feb 27	6-9pm	\$70/\$80	Feb 25
239225-02	Th Apr 30	6-9pm	\$70/\$80	Apr 28
Location	Blacksburg Community Center			



COMMUNITY FIRST AID

To teach lay responders the knowledge and skills necessary to give care in an emergency, help sustain life and minimize the consequences of injury or sudden illness until medical help arrives.

Activity #	Date	Time	Fee (R/NR)	Register by
239226-01	Th Mar 19	6-9pm	\$55/\$65	Mar 17
Location	Blacksburg Community Center			



BABYSITTER'S TRAINING

Learn to care for children and infants, be a good leader and role model, make good decisions, solve problems, and keep children safe. Includes certifications for First Aid and Pediatric CPR. Please bring lunch.

Activity #	Dates	Time	Fee (R/NR)	Register by
239228-01	Sa Feb 8	9am-4pm	\$65/\$75	Feb 6
239228-02	Sa Apr 11	9am-4pm	\$65/\$75	Apr 9
Location	Blacksburg Community Center			

JOB * FAIR

Free Summer/Part Time Job Fair

Are you in need of a summer job? Interested in a challenging, rewarding work experience? Join our team!

The Town of Blacksburg is hosting the 1st annual summer part time job fair on Saturday, February 22 from 8am-2pm at the Community Center on Patrick Henry Drive. Speak with town staff and discover all the opportunities available.

Preregistration will be available for the event by visiting www.blacksburg.gov/jobs. All applicants must be 18 years of age or older.

MUNICIPAL GOLF COURSE



JEFF KLEPPIN

Golf Shop Supervisor

540-961-1137 • jkleppin@blacksburg.gov



RATES FOR THE 2020 SEASON

DAILY GREEN FEES	M - Th	F - Su
Walking – all day	\$22	\$24
9 holes – riding	\$28	\$30
18 holes – riding	\$36	\$38
Juniors – walking	\$10	\$10

DAILY GREEN FEES WITH ADVANCE TEE TIME	M - Th	F - Su
Walking – all day	\$18	\$20
9 holes – riding	\$24	\$26
18 holes – riding	\$32	\$34
Juniors – walking	\$10	\$10

Make a tee time – get the lowest rate!

2020 WEEKLY INSTRUCTION

The Hill will be offering instruction each week that will be open to anyone who wants to improve their golf game. Each one hour lesson will focus on a particular element of golf. Each class is \$10. Junior Academy members can attend at no charge. Weekly instruction begins April 16.

Saturday and Sunday 10:00 – 11:00 AM

Thursday and Friday 6:00 – 7:00 PM

Or you can purchase a block of six classes for \$50.

MONDAY NIGHT MADNESS RETURNS

Every Monday evening, beginning April 13 through the end of August, join in a fun scramble where players can win prizes and gift certificates. The Hill staff makes up the teams and picks the format. It's always something crazy and different. Sign up starting on Saturday and the event is open to the first 36 players. Cost: \$20.

For more information, visit The Hill online at

www.golfthehill.com | www.facebook.com/golfthehill | www.twitter.com/golfthehill



2020 JUNIOR ACADEMY

The Junior Academy is designed for kids from age 8 through 17. Academy members will receive an annual pass and will have access to up to 14 hours of instruction per week on our new short game practice facility. Academy members will have their own competitive league on Wednesday night and will compete for the Junior Club Championship in August.

The one-hour weekly instruction sessions will begin on Saturday, April 18 at 9:00 AM.

Additional instruction will be available at any of the one hour clinics offered on Saturday and Sunday mornings and on Thursday and Friday evenings. (See the Weekly Instruction calendar for specifics).

Cost: \$400, but there is no charge to dependent children who are part of a Family Pass.

FLINGGOLF **NEW!**

FlingGolf is a cross between traditional golf and lacrosse. You play and score just as you would a normal golf round, but instead of using regular golf clubs, you use a single FlingStick to hurl the ball from tee to green. You can play with other FlingGolfers or join a traditional foursome! All you need is a FlingStick, a ball, and a sense of adventure!

FlingGolf rates are \$20 and include a Flingstick rental. Cart fees are \$8 per person, per nine holes.

CERTIFIED GOLF PERFORMANCE SPECIALIST TRAINING SESSIONS

Do you love golf? This program takes the ball further by helping you prevent injury while improving your score. Learn world-renowned techniques used by the CHEK Institute Golf program, emphasizing proper stretching, warm up, and strengthening exercises. Let's set the bar, and keep it par! Contact Logan Thompson, Certified Golf Performance Specialist, at trainwithlogan@gmail.com for more details.

This program is part of our Personal Training Program.

Five session \$110/\$120 R/NR

Ten session \$180/\$195 R/NR

2020 PRIVATE LESSONS

Private lessons are available by appointment for \$25 per hour. Or you can purchase a block of six lessons for \$125 – buy five lessons and get the sixth one free!



ATHLETIC PROGRAMS



ADAM LLOYD

Athletic Supervisor

540-443-1105 • alloyd@blacksburg.gov

YOUTH ATHLETICS

YOUTH T-BALL

Sign up in person or over the phone. Late registrations taken upon availability, will be assessed Sign up in person or over the phone. Late registrations taken upon availability, but will be assessed a \$10 late fee. Practices and games will start in April. Practice – 1 hour/weekday evening. Games on Saturday mornings.

Activity #	Dates	Age	Time	Fee (R/NR)
205000-TB	Apr-Jun	5-6 (as of 8/1/20)	TBA	\$45/\$55
Location	Nellie's Cave T-Ball Field			
Registration	M Feb 3– F Mar 6			

TEEN BASKETBALL

Register as a team with completed roster at the Parks and Recreation Administrative Office. Please note the updated format on roster sheet before registering. **No VHSL Basketball players allowed.**

Activity #	Dates	Age	Time	Fee (R/NR)
205005-TB	Feb-Mar	Grades 9-12	Sunday Afternoon	\$240/team
Location	Kipps Elementary Gym			
Registration	Tu Jan 14-F Jan 31			

GIRLS YOUTH VOLLEYBALL

Sign up in person or over the phone. Late registrations taken upon availability, but will be assessed a \$10 late fee. Practices will start in March. Practice – 1 hour/weekday evening. Games on Saturday mornings.

Activity #	Dates	Age	Time	Fee (R/NR)
205007-VB	Mar-Apr	Grades 5-8	TBA	\$45/\$55
Location	Blacksburg Community Center and Kipps Gym			
Registration	Tu Jan 14-F Feb 14			

YOUTH WRESTLING

A six week program beginning in March with practices held for one hour, 3-4 days a week. Optional competitions held at surrounding localities. Instructed by BHS Wrestling coaches and staff.

Activity #	Dates	Age	Time	Fee (R/NR)
205004 WR	Mar 2-Apr 11	Grades K-6	TBA	\$40/\$50
Location	BHS Wrestling Room			
Registration	M Jan 20-Tu Feb 21			

Keep in Touch with Blacksburg Parks and Recreation

1. Sign up for Citizens Alerts <https://www.blacksburg.gov/citizensalert>
2. Frequently visit [blacksburg.gov/recreation](https://www.blacksburg.gov/recreation)
3. Like us on Facebook at [facebook.com/blacksburgparksandrecreation](https://www.facebook.com/blacksburgparksandrecreation)

YOUTH MOVEMENT AND AGILITY THRU TENNIS

Youth tennis classes are designed to introduce players ages 4-7 to the sport of tennis in a fun and games format with courts, nets and equipment scaled to fit the age of the players. 8 sessions.

Activity #	Dates	Age	Time	Fee (R/NR)
205310 YT	Sa Feb 8-Apr 4	4-5	10:30-11:30am	\$50/\$60
205310 YM		6-7	11:30am-12:30pm	
Location	Blacksburg Rec Center			
Registration	Tu Jan 14			

ADULT ATHLETICS

SOFTBALL

Registration will be at the administrative office, 615 Patrick Henry Dr. No mail or phone registrations will be accepted. A signed roster complete with names, addresses and phone numbers along with the entire entry fee are due at the time of registration. No awards will be given at end of season.

Ball Requirements: Balls must be marked core 44 or 47, cork center.

Bat Restrictions: No Miken Ultra II bats of any kind allowed.

For more information, please call 540-443-1100. **Play begins the week of April 13 or 20.**

50UP ADULT SOFTBALL LEAGUE

Activity #	Dates	Age	Time	Fee (R/NR)
215001-UP	Apr-Jul	50 & up (as of 8-1-2020)	TBA	\$250
Location	Jaycee and Tom's Creek Fields			
Registration	M Feb 24-F Mar 27			

CHURCH ADULT SOFTBALL LEAGUES

League Eligibility: Must be a member or attending the sponsoring church. Allowed to play in one church league only.

Activity #	Dates	Age	Time	Fee (R/NR)
215001-CA	Apr-Jul	14 & up (as of 8-1-2020)	TBA	\$250
215001-CB	Apr-Jul	14 & up (as of 8-1-2020)		\$250
215001-CC	Apr-Jul	14 & up (as of 8-1-2020)		\$250
Location	Jaycee Field			
Registration	Feb 24-Mar 27			



ATHLETIC PROGRAMS

ADULT ATHLETICS

COED ADULT SOFTBALL LEAGUES

League Eligibility: Allowed to play in one coed league only.

Activity #	Dates	Age	Time	Fee (R/NR)
215001-XA	Apr-Jul	17 & up (as of 8-1-2020)	TBA	\$250
215001-XB			TBA	\$250
215001-XC			TBA	\$250

Location	Jaycee and Tom's Creek Fields
Registration	Feb 24-Mar 27



MEN'S ADULT SOFTBALL LEAGUE

League Eligibility: 50% of roster must be town residents. Additional fee of \$10 per non-resident, (please see resident description in "General Information" section in the front of brochure). Allowed to play in one men's league only.

Activity #	Dates	Age	Time	Fee (R/NR)
215001-MA	Apr-Jull	17 & up (as of 8-1-2020)	TBA	\$250
215001-MB			TBA	\$250
215001-MC			TBA	\$250

Location	Jaycee and Tom's Creek Fields
Registration	Feb 24-Mar 27

SPRING SLAM VOLLEYBALL TOURNAMENT NEW!

6 on 6 Double Elimination Volleyball Tournament. Register as a team to usher in Springtime in Blacksburg.

Activity #	Dates	Age	Time	Fee (R/NR)
205008-VB	Apr 25-26	18 & up	TBA	\$100/team

Location	Blacksburg Rec Center
Registration	M Feb 24 - Mar 27

MARCH MADNESS BASKETBALL TOURNAMENT NEW!

5 on 5 Double Elimination Basketball Tournament. Register as a team and enjoy a mini-size tournament of the Big Dance before the Final Four.

Activity #	Dates	Age	Time	Fee (R/NR)
205008-MM	Mar 21-22	18 & up	TBA	\$120/team

Location	Blacksburg Rec Center
Registration	M Feb 3 - Mar 13

ACTIVE ADULT PROGRAMS



JOY HERBERT

Senior Supervisor

540-443-1142 • jherbert@blacksburg.gov

2020 WINTER / SPRING DANCE PROGRAMS

BALLROOM, LATIN, AND SWING DANCE FOR ADULTS

Experience the fun of social dancing: it's a great way to meet people or have fun with friends. All classes taught by experienced Sapphire Ballroom staff to great music, contemporary and classic. Singles, couples, and groups welcome. Loyalty and Group discounts available. Questions? Contact Sapphire Ballroom: 540-382-8782, info@SapphireDance.com, or visit SapphireDance.com. Classes are taught in the Blacksburg Community Center on Patrick Henry Drive.

DANCE CLASS SAMPLER - FREE

Absolutely perfect for new dancers, this workshop is for everyone interested in dance classes, but not sure where to start. Join us to learn about classes, discounts, and dancing before signing up. No experience or partner necessary. Attendees get \$8 off a Sapphire Dance Class!

Activity #	Dates	Ages	Time	Fee (R/NR)
212100-Q1	W Jan 9	14 & up	7:15-8:15pm	FREE

JANUARY / FEBRUARY SESSION

WEST COAST SWING: LEVEL 1 - GREAT FOR AMBITIOUS BEGINNERS

Slinky and sassy, West Coast Swing can be danced to a variety of music styles, including blues, slow hip hop, and current hits. Prior Swing experience recommended; no partner required.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-S1	Tu Jan 21-Feb 11	14 & up	6:15-7:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

RUMBA: LEVEL 2

Slow and romantic, Rumba's casual luxury embraces many popular music styles making it a favorite with new dancers and a great wedding dance. Level 1 Rumba experience required.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-L1	Tu Jan 21-Feb 11	14 & up	7:15-8:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

SLOW DANCING (AKA - NIGHTCLUB 2-STEP): LEVEL 1 - PERFECT FOR NEW DANCERS

Looking for the perfect slow dance for weddings & parties? Nightclub 2-Step is it: graceful & romantic; ideal for proms, weddings, & special occasions. Singles and beginners welcome.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-C1	W Jan 22-Feb 12	14 & up	6:15-7:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

ACTIVE ADULT PROGRAMS

2020 WINTER / SPRING DANCE PROGRAMS

JANUARY / FEBRUARY SESSION

ADVANCED AMERICAN TANGO FOR PERFORMANCE PART 1

The romance, the power, the passion - they all add up to the Tango. The staccato timing and stalking grace of American Tango create a passionate dynamic perfect for avid dancers. Level 4 Tango experience required.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-B1	W Jan 22-Feb 12	14 & up	7:15-8:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

THE HUSTLE: LEVEL 1 - LOTS OF FUN FOR BEGINNERS

Get down and boogie - Disco Fever is still raging and there's nothing like Hustle to get you groovin'. This class will teach you how to dance to fast, popular music from the 70's, 80's, and all over the radio today. Singles welcome.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-S2	W Jan 22-Feb 12	14 & up	8:15-9:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

FEBRUARY-MARCH SESSION

SALSA & MERENGUE: LEVEL 1 - GREAT FOR AMBITIOUS BEGINNERS

Fast, fun, and ready to party, these spicy Latin favorites will add lots of flavor to your dancing life. Previous dance experience beneficial but not required. Singles welcome.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-L2	Tu Feb 25-Mar 24 No class Mar 10	14 & up	7:15-8:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

ADVANCED AMERICAN TANGO FOR PERFORMANCE - PART 2

Participation in Advanced American Tango for Performance Part 1 required.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-L2	Tu Feb 25-Mar 24 No class Mar 10	14 & up	7:15-8:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

SWING: LEVEL 1 - FAST AND FUN FOR PEOPLE NEW TO DANCING

Get ready to dance the night away to groovy rock n' roll and up-beat blues with this hip, happy dance filled with exciting twists and turns. No experience or partner required.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-L2	Tu Feb 25-Mar 24 No class Mar 10	14 & up	7:15-8:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

2020 WINTER / SPRING DANCE PROGRAMS

APRIL SESSION

CAROLINA SHAG: LEVEL 1 - GOOD FOR AMBITIOUS BEGINNERS

Love Beach Music? Learn to move those boogie shoes and go dancin' in the sand with this southern classic. Previous experience with Swing is helpful, but not required.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-S4	Tu Apr 7-28	14 & up	7:17:15-8:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

RUMBA: LEVEL 1 - GREAT FOR BEGINNERS

Slow and romantic, Rumba's casual luxury embraces many popular music styles making it a favorite with new dancers and a great wedding dance. No experience or partner required.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-L3	W Apr 8-29	14 & up	7:17:15-8:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

VIENNESE WALTZ: LEVEL 1

If you've waltzed before and just like to go fast, this is the dance for you! Previous Ballroom or Waltz experience required.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-B3	W Apr 8-29	14 & up	7:17:15-8:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

CLASS-BY-REQUEST (A.K.A "CBR") FOR SOCIAL DANCE CLASSES

Have you taken some Social Dance classes and want to continue the fun in higher levels? These times are for you. Contact Sapphire regarding which classes you'd like to see in these slots. Partner not required.

Activity #	Dates	Ages	Time	*Fee (R/NR)
212100-Q3	Tu Feb 25-Mar 24 No class Mar 10	14 & up	6:15-7:15pm	\$36 + \$8/\$12
212100-Q4	Tu Feb 25-Mar 24 No class Mar 10	14 & up	6:15-7:15pm	\$36 + \$8/\$12
212100-Q5	Tu Apr 7-28	14 & up	6:15-7:15pm	\$36 + \$8/\$12
212100-Q6	W Apr 8-29	14 & up	8:15-9:15pm	\$36 + \$8/\$12

* Fee/person: \$36 payable to Sapphire Ballroom.

ACTIVE ADULT PROGRAMS

HEALTH AND FITNESS EXERCISE CLASSES

The following nine classes are ongoing and interchangeable. **Passes are good for one year** from the date of purchase. Each participant must purchase their own pass and it must be active to participate in the class. Please check with a doctor before beginning any fitness program.

FEES: 13 TIME PASS R\$25/NR\$35; 35 TIME PASS R\$55/NR\$65

STRENGTH TRAINING CLASS

Whether committing to a stronger self or improving your current routine, this class is for you. There are tremendous benefits to weight training besides strength. Improve balance, range of motion, good posture and functional performance of everyday activities.

Days	Time
Tu,Th	9-9:55am

AEROBICS

This program focuses on improving muscular strength and endurance, flexibility, range of motion, stability and balance. Learn to develop a healthy lifestyle in a comfortable atmosphere. It's never too late to start!

Days	Time
M,W,F	8:30-9:25am

HEALTHY BACKS

An exercise class with a focus on participants regaining or maintaining muscular strength, flexibility, balance, and a back free of pain and stiffness. Fitness and relaxation as well as other benefits.

Days	Time
M,W,F	10:30-11:25am

PILATES

A gentle introduction to the fundamentals of Mat-Work Pilates. Strengthen and lengthen your body through sequential movement and development of core support with proper breathing.

Days	Time
Tu,Th	10-10:55am

PUPPY PILATES **NEW!** SPECIAL EVENT

Enjoy the sweet pitter patter of puppy feet and puppy kisses during a core strengthening and peaceful stretch workout...allowing all your stresses to disappear. This is a free class!!!

Tuesday, January 7th and January 21 at 10am

FOCUSED MOBILITY **NEW!**

Join us for this adaptive and evolving session emphasizing walking for mobility, cardiovascular function and FUN!!

Days	Time
M	2-2:55pm

30 MINUTE GET FIT WITH HIIT! (HIGH INTENSITY INTERVAL TRAINING)

Get a strenuous workout before or after work - all in 30 minutes! Raise your heart-rate and challenge your strength using a variance of free weights, bands, and body weight exercises.

Days	Time
M,W	6:15-6:45am
M,W	5:15-5:45pm

CHAIR EXERCISE

A 45-minute class that will include 5 segments: warm up, low impact cardio (adaptable to those unable to exercise standing), resistance, cool down, and relaxation.

Days	Time
Tu,Th	9-9:45am

ZUMBA

A Latin-inspired, dance fitness class, fusing Latin and international rhythms with easy-to-follow moves creating a dynamic, exciting, and effective workout. A higher intensity workout designed for ages 18 and above.

Days	Time
M,W,F,Sa	9:30-10:25am
Tu,Th	6-7pm

BODY ROCK **NEW!**

Using ballistic exercises for full body cardiovascular strength and flexibility. Swing, lunge, and lift to raise your heart rate. Improve body composition and cardiovascular endurance with a fun, fast-paced class.

Days	Time
Tu,Th	6:15-6:45am

BASIC BALANCE

Falls are the #1 cause of injuries among older Americans. Improve your balance in the 30-minute class.

Days	Time
Tu	11-11:30am
F	9:30-10am

HEALTH AND FITNESS EXERCISE CLASSES

FITNESS CENTER PASSES

The Senior Fitness Center features treadmills, stationary bikes, elliptical trainers, weight machine, step machines and free weights. Five times pass \$10; 30 times pass \$35; 50 times pass \$50. All passes are good for one year from date of purchase.

FITNESS CENTER ORIENTATION

After purchasing a pass for the fitness center, staff can provide general instruction on the proper use of the fitness center equipment. Once registered for the orientation, staff will set up an appointment. For exercise beginners or those with specific needs, try the Personal Training program with a certified trainer. Activity #: 223320-A1

PERSONAL TRAINING

A doctor's written permission MAY be required to participate in this program. Each package purchased is good up to one year. Fee (R/NR): Five sessions \$110/\$120; 10 sessions \$185/\$195; Use of fitness center outside of the PT session will be an additional charge.

FITNESS CENTER RULES

Before using Fitness Center, please consult with fitness professional as to the proper use of the equipment.

- To ensure a comfortable atmosphere for everyone, please be courteous & respectful of others.
- During peak hours (or while others are waiting) limit time on the treadmill, elliptical, cycles, etc. to 20-30 minutes.
- Wipe down equipment for the next user.
- Wear proper workout attire: no cutoff shorts, bare feet, or sandals allowed, and shirts must be worn at all times.
- No food or beverages (except water bottles).
- Return all equipment to its proper place.
- Do not touch TV's, please ask attendant for assistance.
- Only Employees of the Town of Blacksburg are allow to train other participants in our fitness facility, good up to one year. Fee (R/NR): Five sessions \$110/\$120; 10 sessions \$185/\$195; Use of fitness center outside of the PT session will be an additional charge.

CERTIFIED GOLF PERFORMANCE SPECIALIST TRAINING SESSIONS NEW!

Do you love golf? This program takes the ball further by helping you prevent injury while improving your score. Learn world-renowned techniques used by the CHEK Institute Golf program, emphasizing proper stretching, warm up, and strengthening exercises. Let's set the bar, and keep it par! Contact Logan Thompson, Certified Golf Performance Specialist, at trainwithlogan@gmail.com for more details. This program is part of our Personal Training Program. Five session \$110/\$120 R/NR, Ten session \$180/\$195 R/NR

MORNING TAI CHI

Increase your balance, strength, circulation and mental focus in this class. Tai Chi is based on slow, gentle and relaxed movements that incorporate the whole body. Three 6-week sessions are offered this season.

Activity #	Dates	Age	Time	Fee (R/NR)
223503-B1	Tu, Th Jan 21-Feb 27	designed for ages 50 & above but all are welcome	10-11am	\$15R/\$25NR per session
223503-B2	Tu, Th Mar 10-Apr 16			
223503-B3	Apr 28-Jun 4			

EVENING TAI CHI

Increase your balance, strength, circulation and mental focus in this class. Tai Chi is based on slow, gentle and relaxed movements that incorporate the whole body. Three 6-week sessions are offered this season.

Activity #	Dates	Age	Time	Fee (R/NR)
223503-A1	M Jan 20-Feb 24	designed for ages 50 & above but all are welcome	5:30-6:30pm	\$15R/\$25NR per session
223503-A2	M Mar 9-Apr 13			
223503-A3	M Apr 27-Jun 1			

ACTIVE ADULT PROGRAMS

HEALTH AND FITNESS

YOGA PASSES

The following classes are part of our Yoga Pass system. 6 time pass \$45R/\$55NR. 12 time pass \$85R/\$95NR.

YOGA FLOW

Yoga poses run together smoothly like a dance, and movement is synchronized to the breath. Yoga Alliance Certified Instructor, Joe Scarpaci, will lead this course.

Days	Time
M-W	11:15am-12:15pm

HOLISTIC MEDITATION **NEW!**

Ideal for participants seeking to relieve occupational stress, CM is a techniques that imitates the natural rhythm of stimulation followed by relaxation in nature itself. Includes extremely slow and very few movements interspersed with relaxation and guided meditation. Practice can be adapted by doing it in chairs.

Days	Time
Tu	6-7pm

CHAIR YOGA

Chair Yoga emphasizes subtle, gentle movements combined with breathing and sound vibrations. It's a perfect 30 minute combination, ideal for participants that seek relaxation. Categorized as calm, slow and gentle.

Days	Time
Fr	12:30-1pm

SUN SALUTATION YOGA **NEW!**

Taught by a trained yoga teacher from India, who has taught yoga for over 2 decades across 3 continents, sun salutation yoga includes 30 minutes of aerobics-like sequence, followed by holding poses for balance and strength on the body-mind level.

Participants must be able to stand for longer periods of time but the practice will be moderate to slow, laying equal emphasis on stretching and breathing.

Days	Time
M	7-7:45pm
W	6-6:45am

OPEN GYM TIMES

Lunch time volleyball
M, W, F Noon-2pm

Open Adult Badminton
Tu 8am-11am

Open Pickleball
Th 8am-11am

Basketball Open Gym times will vary.
Please contact the Blacksburg Community Center at 443.1140 for information.

OUTDOOR DOG OBEDIENCE CLASSES

OUTDOOR BEGINNING CLASS

This class covers basic dog obedience. Dogs must be six months or older. First class is without the dog. For more information, contact Judy at 540-544-7556.

Activity #	Dates	Ages	Time	Fee (R/NR)
212230 – D5	Sa Mar 21-May 9	16 & up	9:30-10:30am	\$60/\$70

Location	The first class meets at Shelter 2 at Municipal Park and all remaining classes will meet behind the tennis courts.
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OUTDOOR ADVANCED CLASS

This class reviews obedience skills and works toward having the dog off lead all the time. Dogs must be six months or older. Dogs attend all classes. For more information, contact Judy at 540-544-7556.

Activity #	Dates	Ages	Time	Fee (R/NR)
212230 – D6	Sa Mar 21-May9	16 & up	10:45-11:45am	\$60/\$70

Location	The first class meets at Shelter 2 at Municipal Park and all remaining classes will meet behind the tennis courts.
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SPECIAL EVENTS

“THE ROARING TWENTIES AND THE TRAGIC THIRTIES WITH WILL ROGERS” NEW!

Join us for an informative presentation on important topics of interest to you or those you know. Programs are Join Steve Huppert for three interesting and entertaining presentations based on his book. Steve, a high school teacher, coach, and guidance counselor for 35 years, Army Veteran, and member of the Christiansburg Town Council since 2004.

Activity #	Date	Topic/Presenter	Time	Fee (R/NR)
223000-1A	M Feb 3	“Love Affair – President Wilson & Edith Wilson, Music of WWI, WWI and League of Nations	1pm	Programs are free but registration is required
223000-3A	M Mar 2	“The Roaring Twenties – Music and Culture of the Twenties and Comments of Will Rogers”	1pm	
223000-4A	M Apr 6	“1929 Stock Market Crash – Why, How, What Happened”	1pm	

Location	Blacksburg Community Center
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ACTIVE ADULT PROGRAMS

CLASSES FOR EDUCATION AND LEISURE

FUN WITH EXPERIMENTAL MIXED WATER MEDIA TECHNIQUES

NEW!

This two-day workshop is suitable for beginning and advanced painters. A variety of techniques will be demonstrated and students are encouraged to experiment with these techniques to paint the subject matter of their choice. Instructor is Betty Moore.

Activity #	Dates	Ages	Time	Fee (R/NR)
223201-A2	M/W Mar 23 and 25	Adults	9:30am-12:30pm	\$50/60
Location	Blacksburg Community Center			
	Supplies extra. Call 443-1142 for a supply list			



MUSIC THERAPY

NEW!

Come enjoy a Music Therapy Group, no musical background or experience required. This study involves engaging in a music therapy group with board-certified music therapists and a focus on depression prevention in older adults.

Activity #	Dates	Ages	Time	Fee (R/NR)
223303-03	Tu Jan 21-May 26	Adults	4-5pm	Free but registration required
Location	Blacksburg Community Center			

CLASSES FOR EDUCATION AND LEISURE

INFORMATION STATION

NEW!

Join us for an informative presentation on important topics of interest to you or those you know. Programs are free but registration is required.

Activity #	Date	Topic/Presenter	Time	Presenter
223400-A1	M Jan 27	"Home Health Care – the Benefits and How its Paid for:"	1pm	Valerie Whitsett of Human Touch, Inc.
223400-A2	M Feb 24	"Fall Prevention" with interactive session	1pm	Morgan Chocklett Corl, PT with Core Physical Therapy
223400-A3	M Mar 9	"Medical Directives/Five Wishes – Making your wishes known"	1pm	Chris Conner of Good Samaritan Hospice
Location		Blacksburg Community Center		



FUSED GLASS 101: AN INTRODUCTION TO GLASS FUSING - ART TILES AND PENDANTS

Basics of glass cutting, trimming, compatibility, assembly and kiln forming of art pieces will be covered. Expect to leave the class with several pendants and art tiles. All glass supplies included. For more info email - drlimm@comcast.net

Activity #	Dates	Ages	Time	Fee (R/NR)
212302-G1	Sa Mar 7-28	13 & up	1-5:30 pm	\$95/\$105
Location		Instructor's studio: 695A Park St., Christiansburg, VA 24073		
Registration for first-time registrants will be from Jan 14 @ 9am – March 1 @ midnight. Repeat registrants can register from February 11 @ 9 am- March 1 @ midnight.				

FUSED GLASS 301: MAKE YOUR OWN GLASS: PATTERN BARS, PLATES, AND STRIP ASSEMBLY

Expands on Fused Glass 101 by making your own glass using pattern plates, pattern bars, stack, screen, rod and pot melt techniques. Glass supplies included.

Activity #	Dates	Ages	Time	Fee (R/NR)
212302-G2	Sa, Apr 4 – May 2	13 & up	1-5:30 pm	\$150/\$160
Location		Instructor's studio: 695A Park St., Christiansburg, VA 24073		
Registration for first-time registrants will be from Jan 14 @ 9am-March 29 @ midnight. Repeat registrants can register from March 17 @ 9 am-March 29 @ midnight.				

COMPUTER, SMARTPHONE, TABLET ASSISTANCE

Volunteers from "Computer Science Community Service" will be sharing their skills with the community. Get help for your computer, smart phone and tablets. Bring questions and suggestions for material you would like them to present.

Date	Ages	Time	Fee (R/NR)
Program begins in January	All ages and skill levels welcome	TBD	Free
Location		Community Center Computer Lab	

ACTIVE ADULT PROGRAMS

CLASSES FOR EDUCATION AND LEISURE



CARD MAKING

NEW!

In each class, you will make three beautiful greeting cards with envelopes ready to send. You will also have a cache of handcrafted cards on hand for those occasions when you need them. No artistic talent required. Come join the fun! Instructor is Melissa Matusевич.

Activity #	Dates	Ages	Time	Fee (R/NR)
223201-A1	F Jan 17 – Feb 21	Adults	10-11:30am	\$60/70
Location	Blacksburg Community Center			

SHAKESPEARE FOR ADULTS WITH DR. DONALD RUDE

“Titus Andronicus” – We will meet the Roman general who returns to the city triumphant over the Goths, bringing Tamora, Queen of the Goths, her sons, and her servant, Aaron, the Moor, Shakespeare’s Machiavellian villains. Witness Rome’s quick disintegration into chaos.

Activity #	Dates	Ages	Time	Fee (R/NR)
223301-A1	Th Mar 19-Apr 23	Adults	1-3pm	\$5/\$10
Location	Blacksburg Community Center			
	Please purchase the Folger Library Edition of the play			

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United States®
**Census
2020**

DON'T HAVE A COMPUTER TO FILL OUT THE 2020 CENSUS? WE CAN HELP!

The computer lab in the Blacksburg Community Center, located at 725 Patrick Henry Drive, will be available for taking the Census during the month of April. The lab is open every day from 6am-10pm, and a staff member will be available to provide assistance from 12pm-4pm Monday through Friday.

The data collected by the census determine the number of seats each state has in the U.S. House of Representatives and is also used to distribute billions in federal funds to local communities.

Remember to be counted where you reside on April 1, 2020!

ACTIVE ADULT PROGRAMS

ONGOING

AARP CHAPTER #2613

AARP has general membership meetings at 11:30AM each month. These are usually luncheon meetings with everyone bringing a bagged lunch. Interesting and informative presentations follow. Meetings are free and open to the public unless specified otherwise.

Location	Dates	Programs and presenters to be announced
Blacksburg Community Center	Jan 21 Feb 18 Mar 17 Apr 21 May 19	

Location	Blacksburg Community Center
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ART LOVER'S CLUB

Join fellow artists or would-be artists for a weekly opportunity to learn and share painting and/or drawing skills. Artist and instructor, Betty Moore, will lead the class 3 times this season and provide instruction, critique and future projects.

Activity #	Dates	Age	Time	*Fee (R/NR)
223201-A3	Tu Jan 21 – May 19	Adults	9:30-11:30am	\$40R/\$50NR

Location	Blacksburg Community Center
	Fee includes: Three; 2-hr classes with Betty Moore (dates to be determined). Supplies extra.

BOOK CLUB

The next best thing to reading a great book is talking about it with friends. Program is free and all ages are welcome.

Activity #	Dates	Books	Time	Fee (R/NR)
No registration required	Th Feb 13	"The Clock Dance" by Anne Tyler	2pm	FREE
	Th Mar 12	"First: Sandra Day O'Connor" by Evan Thomas		
	Th Apr 9	"Midnight at the Bright Ideas Bookstore" by Matthew Sullivan		
	Th May 14	"America's First Daughter" by Stephanie Dray and Laura Kamoie		

Location	Blacksburg Community Center
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LINE DANCING WITH CASS LONG

It's fun and great exercise. Line Dance to a variety of music (50's to current). No partner needed. No prior dance experience necessary. Join us each Thursday.

Activity #	Day	Age	Time	Fee (R/NR)
No registration required	Every Thursday	All adults welcome	1:30-2:30pm	\$5/class – pay instructor

Location	Blacksburg Community Center
	Beginners are encouraged to come at 1pm.

ACTIVE ADULT PROGRAMS

ONGOING

KNITTERS

Bring your project and learn from others or share your skills. This informal group meets for socialization while knitting. Other varieties of needle work are welcome.

Activity #	Date	Age	Time	Fee (R/NR)
No registration required	M, W	All adults welcome	10am-12 noon	Free
Location		Blacksburg Community Center		

SPUNSTERS

Join us as we spin fiber into yarn to use in projects like knitting and weaving. Anyone interested in fiber arts is welcome as we learn and Share.

Activity #	Days	Age	Time	Fee (R/NR)
No registration required	1st, 3rd, 4th, & 5th Th of each month	Adults	1-4pm	Free
	2nd Wed evening of each month		7-9:30pm	Free
Location		Blacksburg Community Center		

BRIDGE AND MAHJONGG

The following programs take place weekly. For Duplicate Bridge, contact Richard Huber at 304-466-0341 or richard55fla@yahoo.com. For all other programs contact Joy Herbert at 540-443-1142 or jherbert@blacksburg.gov. No registration required.

Program	Days	Age	Time	Fee (R/NR)
Sanctioned Duplicate ACBL Game	M, W, F	All ages welcome	12 noon	Donation
Party Bridge	Tu, W, F	Room is reserved for any group	1pm	Free
Mah Jongg	W		1pm	Free
Location		Blacksburg Community Center		

WRITER'S CLUB

Join fellow writers or would-be writers for opportunities to share and talk about your writing: essays, memoirs, poetry, stories, plays, letters, or a chapter from your great American novel. Readings are purely voluntary.

Activity #	Day	Age	Time	Fee (R/NR)
No registration required	1st Friday of each month.	Adults	2pm	Free
Location		Blacksburg Community Center		

VICAP (VIRGINIA INSURANCE AND ASSISTANCE PROGRAM)

An insurance counselor from Agency on Aging can educate, counsel, and assist you regarding medical benefit programs, long-term care insurance, and problems with Medicare, Medicaid, and medical bill paying.

Activity #	Date	Age	Time	Fee (R/NR)
No registration required	TBA	For older adults ages fifty and above	2pm	Program is Free
Location		Please contact the NRV Agency on Aging office at 540-980-7720 for appointments and more information.		

ACTIVE ADULT PROGRAMS

JOY RIDES

DAY IN STUARTS DRAFT

Let's spend a leisurely but full day at some Mennonite specialty stores and others. Stops include the Cheese Shop, The impressive Milmont Greenhouses, Little Debbie outlet, and the Antique Mall.

Activity #	Date	Age	Time	Fee (R/NR)
223600-2D	W May 13	Adults	8:15am-6:30pm	\$15/25
Location	Please meet at the community center at least 15 minutes prior to 9:15am departure.			
	Fee includes transportation only. Lunch at Sanzone's Italian Restaurant is extra			

"DOWN MEMORY LANE" – WOHLFAHRT HAUS DINNER THEATER

Celebrate Wohlfahrt Haus' 20th Anniversary season with this original revue highlighting the best moments of the last 20 years with some of your favorite Wohlfahrt Haus players.

Activity #	Date	Age	Time	Fee (R/NR)
223600-3B	Th Mar 19	Adults	11am-6pm	\$47/\$57
Location	Please meet at the community center at least 15 minutes prior to departure.			
	Fee includes transportation, meal and performance.			

MYSTERY WINE OUT

Join us as we travel to a mystery winery location for a tasting. Trip will also include a lunch stop but that too is a mystery! And we even have planned an extra mystery on our way back home!

Activity #	Date	Age	Time	Fee (R/NR)
223600-F2	W Apr 29	Adults	10am-5pm	\$23/33
Location	Please arrive at the community center at least 15 minutes prior to departure.			
	Fee includes transportation and private wine tasting Lunch extra.			



FANCY GAP POTTERY AND FABRIC/RED HILL GENERAL STORE

Let's travel to Beamer Country in Fancy Gap and shop for home and décor, food and kitchen, craft supplies, fabrics, silk florals and more.

Activity #	Date	Age	Time	Fee (R/NR)
223600-4F	W Feb 5	Adults	9am-5pm	\$12/\$22
Location	Please meet at the community center at least 15 minutes prior to departure			
	Fee includes transportation only. Lunch on your own at the Lakeview Restaurant			

WALKER VALLEY MARKET - PEARISBURG

Mennonite owned and operated in Pearisburg. While they prepare lunch for us, shop bulk foods, pottery and gifts, primitive décor, hand crafted Amish furniture, hard to find house wares and much more.

Activity #	Date	Age	Time	Fee (R/NR)
223600-4E	W Mar 4	Adults	10am-1:30pm	\$8/\$16
Location	Please meet at the community center at least 15 minutes prior to departure.			
	Fee includes transportation only.			

ACTIVE ADULT PROGRAMS

JOY RIDES



HISTORIC FINCASTLE

NEW!

Let's travel to Fincastle with historian, April Martin. She will lead this walking tour and share her knowledge at many sites including the Botetourt County Historical Museum, Wysong Blacksmith, Botetourt Courthouse, Presbyterian church, two cemeteries and more.

Activity #	Date	Age	Time	Fee (R/NR)
223600-5C	M Jun 15	Adults	9am-5pm	\$29/\$39

Location	Please meet at the community center at least 15 minutes prior to departure.
	This is a walking tour and may be considered strenuous to some due to terrain and distance.
	Fee includes transportation, admissions and is fully guided. Lunch will be extra.

MYSTERY DINE OUTS

Indulge in some culinary experiences and surprises. It's amazing, the variety of flavors that surround us. We promise no fast food or chain restaurants, only popular and unique destinations in a casual atmosphere.

Activity #	Dates	Age	Times	Fee (R/NR)
223600-4C	Th Feb 20	All adults welcome	10:30am-1:30pm	\$8/\$16 for each trip. Meal extra.
223600-4D	Th Mar 26		10:15am-2pm	
223600-M2	W Apr 22		10am-2pm	

Location	Please meet at the community center at least 15 minutes prior to departure.
	Fees include transportation only.



NEWBERN AND FAITH ON THE FRONTIER

NEW!

We will travel to Newbern and have a guided tour of the Wilderness Road Museum with historian, April Martin. We will also visit and learn about the 1860 Historic Church, New Dublin Presbyterian, Page Meeting House and Belspring Presbyterian. Lunch will be at the historic Rockwood Manor.

Activity #	Date	Age	Time	Fee (R/NR)
223600-1C	W Mar 11	Adults	9:30am-4pm	\$37/\$47

Location	Please arrive at least 15 minutes prior to departure.
	Fee includes Transportation, guided tours, admissions and a plated lunch of Chicken Caesar wrap, salad, beverage and dessert

BEDFORD BOYS HOMEFRONT TOUR AND D-DAY MEMORIAL

NEW!

Follow the footsteps of the Bedford Boys and one community's ultimate sacrifice. This fully narrated bus and walking tour traces their footsteps through what would become the most important event of the 20th century. We will see many of Bedford's structures that were built in the 1880's and 1890's as well as the D-Day Memorial.

Activity #	Date	Age	Time	Fee (R/NR)
223600-5B	W Apr 15	Adults	9:30am-6:30pm	\$30/\$40

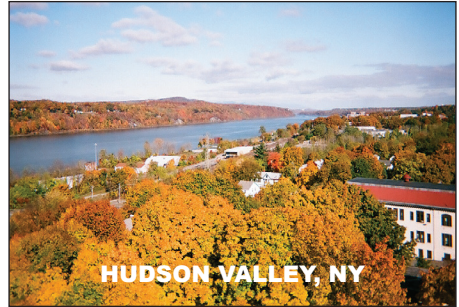
Location	Please meet at the community center at least 15 minutes prior to departure
	Fee includes transportation, all admissions, and guided tour. Lunch at the Olde Liberty Station is extra.

ACTIVE ADULT PROGRAMS

JOY RIDES

MULTI-DAY TRAVEL

These exciting trips include deluxe motor coach transportation, lodging, most meals, and trip highlights listed below. Trips are fully escorted with area guides. \$50 deposit for each trip required at registration with remaining balance due six weeks prior to departure. Call Joy at 540-443-1142 for more details.



Activity #	Destinations	Trip Highlights	Dates	Fee (R/NR)
223600-SD 223600-SS	Louisville and Lexington, Ark Encounter	Guided tour and dinner cruise in Louisville, Visit to the Kentucky Horse Park & International Museum of the Horse, and the Ark Encounter	Tu-F May 5-8	\$549/559 (Double) \$689/\$699 (Single)
223600-F4 223600-F5	Hudson Valley, New York	Guided tour and lunch at Historic West Point Military Academy, visit to Sleepy Hollow, Hudson River sightseeing cruise onboard the Rip Van Winkle, visit to Historic Hyde Park: Vanderbilt Mansion and Home of FDR, and Wine Tasting	Tu-F Sep 22-25	\$679/6899(Double) \$879/889(Single)

No refunds after final payment made unless a substitute is found or you have purchased travel protection. Call Joy at 540-443-1142 for more information.

The Dutch Pantry

Mennonite owned and operated in Rural Retreat. While they prepare lunch for us, shop bulk foods, pottery and gifts, primitive décor, hard to find house wares and much more.

Activity #	Date	Age	Time	Fee (R/NR)
223600-2C	W Jan 22	Adults	10am-2:30pm	\$9/\$18
Location	Please meet at the community center at least 15 minutes prior to departure			
	Fee includes transportation only. Lunch is extra.			

ACTIVE ADULT PROGRAMS

JOY RIDES

EDUCATION DESTINATIONS

NEW!

Join us for interesting and informative guided tours. Depending on destination a lunch stop may be included.

Activity #	Date	Tour	Time	Fee (R/NR)
223600-T2	W Jan 29	Explore our PBS TV station in Roanoke followed by lunch at Mac & Bob's	8:45am-3pm	\$12/\$22
Location	Please meet at the community center at least 15 minutes prior to departure.			
	Fee includes transportation and guided tour. Lunch extra.			

"DRIVING MISS DAISY" – BARTER THEATER



When Daisy Werthan's son hires Hoke to drive her around town, the indomitable Daisy has no idea that her stubborn chauffeur will soon become a permanent fixture in her life. Over the span of twenty-five years, these two develop an unlikely bond that challenges the idea of friendship during America's Civil Rights era.

Activity #	Date	Age	Time	Fee (R/NR)
223600-3A	Th Apr 2	Adults	9:15am-7pm	\$49/\$59

Location	Please meet at the community center at least 15 minutes prior to departure.			
	Fee includes Transportation and performance. Lunch on your own downtown.			
	No refunds after March 2 unless a substitute is found.			

HISTORIC SALTVILLE, VA

NEW!

We will step back in time and learn how geology influenced the history of the Saltville area for millions of years with a visit to the Museum of the Middle Appalachians. Learn about the role of the Salt Works in the Civil War. We will also see the King Stuart House, Madame Russel Church and Cabin, Battlefield Overlook and Palmer Mill.

Activity #	Date	Age	Time	Fee (R/NR)
223600-M3	W Apr 8	Adults	8:15am-6:30pm	\$53/\$63
Location	Please meet at the Community Center at least 15 minutes prior to Departure			
	Fee includes transportation, fully guided tour, all admissions, and buffet lunch at Riverfront Restaurant in Chilhowie.			

"FOREVER PLAID!" – WOHLFART HAUS DINNER THEATER IN WYTHEVILLE

One of the most popular and successful musicals about four young, eager male singers, killed on the way to their first big concert and now miraculously revived for the posthumous chance to fulfill their dreams and perform the show that never was.

Activity #	Date	Age	Time	Fee (R/NR)
223600-A1	Th Feb 14	Adults	9:30am-6pm	\$13/\$23

Location	Please meet at the community center at least 15 minutes prior to departure.			
	Fee includes transportation, meal and performance.			
	In the event of inclement weather cancellation, your account will be credited to use for a rescheduled performance or another future trip.			

JOY RIDES



ROCK CHURCHES OF REVEREND ROBERT CHILDRESS **NEW!**

Historian April Martin, will narrate our journey of the six churches that tell the story of the Reverends' remarkable ministry of bringing spiritual faith and social awakening to the people of the counties of Floyd, Carroll, and Patrick in the Blue Ridge Mountains.

Activity #	Date	Age	Time	Fee (R/NR)
223600-4B	M Jun 8	Adults	9am-6:30pm	\$24/\$34

Location	Please meet at the community center at least 15 minutes prior to departure.
	Fee includes transportation and narrated tour. Lunch extra at Tuggles Gap Restaurant.



"THE MOTOWN SOUND" – WOHLFART HAUS DINNER THEATER IN WYTHEVILLE

This exceptional tribute features the music of the Temptations, Tina Turner, Diana Ross and the Supremes. Enjoy your favorite memories of Motown.

Activity #	Date	Age	Time	Fee (R/NR)
223600-3C	Th Jun 4	Adults	11am-6pm	\$47/\$57

Location	Please meet at the community center at least 15 minutes prior to departure.
	Fee includes transportation, meal and performance.

FOR THOSE WITH SPECIAL NEEDS

The Senior Center has a wheelchair accessible bus with room to carry walkers, canes or similar assistive devices. However, staff is unable to personally assist individuals beyond loading and unloading the vehicle. Therefore, we require a caretaker or aide to accompany participants with special needs such as significant hearing or vision impairments or mental disabilities, who require personal assistance during the operation of the bus or Senior Center programs.

IMPORTANT TRIP INFORMATION

- Boarding of the bus begins 20 minutes prior to departure unless specified otherwise.
- Please arrive at least 20 minutes prior to departure.
- Seating is on a first come first serve basis. However, staff may reserve front seats for those with physical limitations.
- Staff will supervise loading of the bus. Front seats are in high demand. Therefore, if you are traveling alone, be prepared to share that front seat with another passenger.
- Please use the overhead bins for personal belongings.
- Saving of seats is not permitted. However, if you are traveling with someone, it is allowed to save the one seat next to you.
- Your comfort is important to us. However, it is difficult to find the perfect temperature for everyone. We suggest that your dress in layers.

Community Relations

300 South Main Street
Blacksburg, VA 24060

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ARBOR DAY CELEBRATION

Calling all volunteers! Help make Blacksburg greener by planting trees on town properties. Bring a shovel and have some fun getting dirty. Individuals and groups are welcome.

SATURDAY, APRIL 25, 9AM-NOON

Starting at the Tree Nursery located at 615 Patrick Henry Drive



Planting will be at various sites. For more information, Call 540-443-1100 or email recreation@blacksburg.gov

— AND — ANNUAL TOWN OF BLACKSBURG SHRED-A-THON

BRING YOUR
PERSONAL PAPER
ITEMS FOR
SHREDDING.
PLEASE NO BUSINESS
DOCUMENTS.